

Why is it so important to have hobbies?

Hobbies enable children and young people to learn new skills, discover their own strengths and make friends. An interesting and exciting hobby supports the development of children and adolescents. Children and young people learn to assume responsibility for themselves and commit to common goals. In a safe recreational environment, they learn how to take others into account and act in a group.

Activities under the slogan “Licence to engage in hobbies”

The basic education services organize regular pastime activities for all pupils in the 1st to 9th grades on a weekly basis, free of charge.

Such activities will be offered in the afternoon after school. Hundreds of groups for a variety of hobbies are available each week. “Licence to engage in hobbies” (*Lupa harrastaa*) activity groups can be found in all schools and various leisure places throughout the city. Pupils are free to register anywhere for a hobby intended for their age group.

All the groups for “Licence to engage in hobbies” are listed in the [hobby activities calendar](#) /

<https://lyyti.fi/e/cal/lupa-liikkua-lupa-harrastaa.html>

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[Lupa liikkua Lupa harrastaa activities | www.tampere.fi](#)



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